



**WELCOME to
One Step at a Time Gardens
FARM MEMBER PROGRAM**

**Our Farm Members enjoy a wide range of options to choose from
VEGETABLE SHARES FROM MAY THROUGH DECEMBER**

CHART COLOR CODE
Vegetable Shares unshaded
Fruit Share shaded light gray
Kits shaded dark gray

Signing up is as easy as...

- 1. Study Up** and select your Shares
- 2. Sign Up** - use our online form or download our Member Sign up Form
- 3. Eat up!** Enjoy the bounty all season!

We have a wide range of options for busy schedules.

Be creative.
Mix and Match.
Find the best fit
for your schedule & palette.

Share	Delivery schedule	# of deliveries	Price	Description
FULL Share	mid-May to June, August thru September <i>Combines Spring & Summer Shares</i>	16	\$460.00	Weekly supplies of the freshest, in-season vegetables all season long, Asparagus to zucchini and much more in between.
EOW Share (Every Other Week)	Same as Full, but delivered Every Other Week	8	\$265.00	Every other week supply of the freshest, in-season, all season long Asparagus to zucchini and much more in between
SPRING Share	mid-May to June	7	\$200.00	Get a jump on summer with this package of delicious spring sweetness <i>Asparagus, greens, edible peas, green onions, radish, and broccoli.</i>
SPRING You Pick	You select your 5 weeks mid-May to June Our most flexible share	5	\$140.00	Will include selection of vegetables for the weeks you choose <i>Asparagus, greens, edible peas, green onions, radish, and broccoli.</i>
SUMMER Share	August through Sept.	9	\$325.00	Savor the garden's "high season" and eat right into the fall comfort foods Summer staples - from beans to zucchini, and everything in between
SUMMER You Pick	You select your 5 weeks August to September Our most flexible share	5	\$180.00	Will include selection of vegetables for the weeks you choose Summer staples - from beans to zucchini, and everything in between
FRUIT SHARE	Available with Full, Spring, or Summer with weekly or EOW schedule	6	\$45.00	2 quarts strawberries in June, 2 half pint Raspberry, 1 pint Blackberries in August 3 lb. Pears in August, 5 lb. Apples in September. Note: Fruit from partner farms we trust. Fruit will be delivered when it's ready which may fall on EOW members' "off" week
PESTO KIT	<i>Available with Full, Spring, or Summer Share</i>	1	\$13.00	Delicious summer spread! <i>0.6 lb. of fresh basil and 1 head garlic with our favorite pesto recipe</i>
FRESH SALSA KIT	<i>Available with Summer Share only</i>	1	\$12.00	Here's to healthy snacking! <i>Tomatoes, onion, garlic, cilantro, and hot peppers for fresh snacking</i>
SALSA KIT	<i>Available with Summer Share only</i>	1	\$55.00	Get ready for salsa all winter! <i>15 lb tomatoes, green pepper, garlic cilantro, onions, and hot pepper</i>
ROAST IT KIT	<i>Available with Summer Share only</i>	1	\$60.00	Fantastic homemade marinara sauce. <i>15 lb. tomatoes, onions, garlic, green pepper, basil, oregano, and our favorite roasted tomato recipe</i>
CAN IT KIT	<i>Available with Summer Share only</i>	1	\$38.00	Summer in a jar! <i>15. lb. canning tomatoes</i>
FALL GREENS	First two weeks of Oct.	2	\$65.00	Revel in fresh in the fall with a great selection Greens, potatoes, carrots, beets, and onions
THANKSGIVING Share	1 delivery, 2nd week of November	1	\$75.00	Adopt an attitude of gratitude & enjoy this locally grown feast Winter squash, leeks, carrots, beets, onions, greens, potatoes— and more
WINTER Share	1 delivery, 2nd week of December	1	\$100.00	Eat local deep into the winter Potatoes, carrots, onions, beets, winter squash, and garlic
CORNUCOPIA	Full, Fall Greens, Thanksgiving, and Winter Shares plus Fruit Add-on, and 3 Kits (see list to the left)	20 plus Add-ons	\$810.00	Make farm fresh part of your menu throughout the year with this package of our most popular shares - See highlighted list to the left